

Substance Abuse Prevention QUARTERLY NEWSLETTER

VOLUME 1, ISSUE 6

JULY 1, 2018

Notes from SAP Director

YOUR PARTICIPATION IS REQUESTED

The MCAS Yuma Substance Abuse Counseling Center is committed to providing Marines, Sailors, Soldiers and their families with the best quality of service. In line with our commitment to continuous improvement, we are looking to examine our current performance across a broad range of issues critical to our success. The best way to do this is by asking you to participate in the Stakeholder Feedback Questionnaire and to provide us with your opinion on how the SACC is currently performing. We are very interested in your views and opinions and for this reason hope you can spare a few minutes to complete the survey.

The Stakeholder Feedback Questionnaire will be distributed via email to the unit COs, XO's, SgtMaj's, SACOs, Branch Health Clinic and Marine and Family Program employees. Each unit will be provided with a feedback box

that will be available from Monday, July 16 until Friday July 27,

2018. By participating in this survey you will be making an important contribution helping the SACC to

improve and to serve you better. Your opinion counts. Should you have any concerns or questions about this survey, please feel free to contact Tanya Hallgren, SACC Director at 928-261-5634.

We would like to introduce Mr. TERRY COUCH as a new SACC clinical counselor. He was honorably discharged from the US Marine Corps in Oct 2001 as a Sergeant. He continued his military career as a DVA employee from 2006 to 2017. He is currently working on getting PhD in Psychology.



Ms. Tanya Hallgren
SAP Director
928-269-3669



SACO of the QUARTER: Sgt KARP, MACS-1



Sgt Alana KARP

Fiscal Year 2018, 3rd QTR
MACS-1

THROUGHOUT this period (April 1 to June 30, 2018), Sgt ALANA KARP demonstrated her unwavering dedication to mission accomplishment and showed her ingenuity and "can do" attitude.

As an assistant Substance Abuse Control Officer (aSACO):

- ◆ Sgt Karp collected over 1100 drug testing samples with minimal discrepancies.
- ◆ Sgt Karp consistently tests over 30% of MACS-1 total unit strength.
- ◆ Sgt Karp provides assistance and monitors drug testing procedures conducted at MACS-1 Detachments onboard MCAS Camp Pendleton, MCAS Miramar and MCAGCC 29 Palms.
- ◆ Sgt Karp volunteered her time to assist the substance abuse prevention team of Drug Demand Reduction Program and Alcohol Abuse Prevention Program.



Drug Demand Reduction Corner

(Mr. Virgil S. Tapispisan, DDRC 269-2791)

YES, THAT CBD YOU VAPE MAY CONTAIN ILLEGAL DRUGS

VAPING products in the North Carolina region that were advertised to contain CBD actually contained an emergent synthetic cannabinoid (5F-ADB).

UNITS at MCB Camp Lejeune sent probable cause specimens to Armed Forces Medical Examiner System (AFMES) for testing for LSD, thinking the members were using LSD, these samples were correctly reported out as negative.

The first 1,001 such specimens were then de-identified and subjected to an expanded surveillance panel to see what may be in the specimens. Twenty-eight contained the new synthetic cannabinoid (5F-ADB), an alarmingly high prevalence rate of 2.8%!

The Division of Forensic Toxicology at AFMES can now test for 5F-ADB specimens collected under probable cause. If your units require such testing, please have units submit the toxicological request form along with a letter from commanding officer and



rather than request a specific drug, such as LSD or even this single new synthetic cannabinoid, advise SACOs to ensure unit describe the incident/accident details and the context of the event or behavior. This will allow the lab to expand the scope of the testing conducted to include various novel psychoactive substances.

Popular CBD Vape Oils 2018: (according to VaporVanity)

- Koi CBD Oil
- Diamond CBD Oil
- Select CBD Oil
- CBD Pure
- CBDx Vape Additive
- HerbStrong Hemp Oil Recovery Drops
- Blue Moon Hemp Oil
- Zero CBD Oil

Remember, not ALL CBD Oil contain 5F-ADB.
Be careful what you vape. Protect What You've Earned.

TRAINING/BRIEFS AVAILABLE:

Drug Testing Coordinator/UPC And Observer Training

JULY 24-25, AUG 15-16 & SEP 10-11

REQUIREMENTS (Ref: MCO 5300.17):

- ☐ Drug Testing Coordinator/UPC training is a 16-hour training provided by station DDRC.
- ☐ Must be appointed in writing by the Commanding Officer.
- ☐ Training must be completed within 90 days of their appointment.
- ☐ Training must be completed prior to participating in any drug testing procedures.
- ☐ Must be Sgt or above. Cpl at the discretion of the Commanding Officer.
- ☐ Drug Testing Observer is 1.5 hours. Training may be provided by the Marine's SACO. The SACO must provide DDRC a copy of the attendance sheet.

- ☐ Resiliency topics and dates are subject to change.
- ☐ Contact you SACO or e-mail: virgil.Tapispisan@usmc.mil to sign up for the training/briefs listed above.



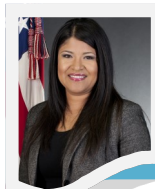
JULY 12



AUGUST 7



SEPTEMBER 19



Alcohol Abuse Prevention Corner

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(Ms. Nadia Orozco, AAPP (269-3079))

Save the Date!

2018 Red Ribbon Week TOT is coming!

We are once again gearing up for the 4th Annual Red Ribbon Trunk or Treat (TOT) Event scheduled for Thursday Oct. 25, 2018. The Red Ribbon Trunk or Treat is a family collaborative event with Drug Demand Reduction Program, Sexual Assault Prevention Response, and Marine Corps Family Team Building. The event will take place at the MCAS Parade Deck to celebrate Red Ribbon Week. The main focus of the event is to bring MCAS families together to celebrate a drug/alcohol free evening filled with candy, games, prizes, and great entertainment.

It all started in 22 October 2015. The initial Trunk or Treat event brought 645 families. Since then, the event has become one of the most successful events at MCAS Yuma in terms of attendance. It brought in 945 families in 2016 and last year we had 1945 families in attendance!

The intention for this year's TOT is to make it even bigger than the previous year! We will continue to award the best (1st, 2nd and 3rd) decorated Trunk or Treat vehicles, best decorated booths, best costume contest in different age group categories. Additionally, we will award the best group in costume! The entire family, group of Marines, friends, etc. So, start planning what would be your "squad goals" for this event.

REMEMBER THE DATE: 25 OCTOBER 2018. If you are interested in setting up a trunk or treat vehicle, decorated booth, or want to fund-raise for your unit please contact Nadia Orozco, Alcohol Abuse Prevention Specialist at 269-3079.

WELCOME TO ONE OF THE MOST SUCCESSFUL ANNUAL COMMUNITY EVENTS AT MARINE CORPS AIR STATION, YUMA !!!

3RD ANNUAL RED RIBBON TRUNK OR TREAT

THURSDAY Oct. 25th

PARADE DECK 1700-2000

This MCAS event is brought to you by:

ALCOHOL ABUSE PREVENTION PROGRAM, MARINE CORPS AIR STATION, MARINE CORPS FAMILY TEAM BUILDING

TRAINING/BRIEFS AVAILABLE



RETHINKING YOUR DRINKING?

PRIME for Life (4.5) Educational class will help assess your drinking and provide tools to help avoid drinking problems and incidents.

PRIME for Life is scheduled every last Thursday of the month.

To sign up for the training, please contact your SACO or e-mail

NADIA.OROZCO@USMC.MIL

The Back Page

Substance Abuse Prevention Team @ Sexual Assault Prevention event "The Color Run," 26 April 2018



101 Critical Days of Summer, 21 May 2018



SACC By-the-Numbers from April-June 2018

Substance Abuse Counseling

42 # of new Clients
32 # of Command-referred
10 # of Self-referral
10 # of clients completed treatment
6 # of Marines returning to treatment

Drug Demand Reduction

2807 # of drug testing sample collected
7 # of drug positive
1 # of illegal drug positive
1 # of Marine tested positive for illegal drug
Cocaine Commonly used illegal drugs
68 # of new SACO/UPC/Observers trained

Alcohol Abuse Prevention

14 # of ARI
2 # of DUI
6 # of underage drinking
0 # of ASP positive
18 # of PFL (4.5) attendees